



D3 ATHLETICS

Specializing in performance development

2015 TEAM PRICING

TEAM MEMBERSHIP- \$40 per player. A team membership consists of each team member coming one hour per day, two days a week all month long. One day is dedicated to hitting, pitching and throwing drills, while the other day is dedicated to working with our speed coach who will develop a speed and agility conditioning program for each team.

**Each team will have designated times and days per week to train.

**Members also receive discounts off of the 8 week throwing program.

TEAM HITTING LESSONS- \$150 per 10 players for 90 minute session.

TEAM CAGE RENTALS- \$100 For one hour
- \$120 for 90 minutes
- \$150 for 2 hours