



D3 ATHLETICS

Specializing in performance development

2015 INDIVIDUAL PRICING

HITTING LESSONS- Single person for a 30 minute lesson -\$40
Single person for an hour lesson-\$60
(2) Person double for a 30 minute lesson-\$50
(2) Person double for an hour lesson-\$70
(3-4) Person lesson for an hour-\$80

PITCHING LESSONS- 30 Minute lesson-\$30
One hour lesson-\$45

HITTING/PITCHING LESSON TOGETHER- One hour lesson \$65

PERSONALIZED 8 WEEK THROWING PROGRAM- This is our 8 week program designed to build better core strength and arm conditioning. The program is 3 days a week for an hour each day for 8 weeks. The individual pricing for the program is \$300. If you have a team membership, the throwing program is only \$200.

INDIVIDUAL CAGE RENTAL- 30 Minute session-\$-20
One hour session-\$-30

MULTIPLE HITTING LESSONS PRICING- (4)-30 Minute lessons-\$140
(8)-30 Minute lessons-\$240

PERSONAL FIELDING TRAINING LESSON-30 Minute lesson-\$40
-One hour lesson-\$60
-Hitting/fielding combo-\$65